

## Basic Program List of Moves

1. Circle Left/Right
2. Forward and Back
3. Dosado / Dosado to a wave
4. Swing
5. Promenade
  - a. Couples
  - b. Single file promenade
  - c. Wrong way promenade
  - d. Star promenade
6. Allemande left
7. Arm turns
8. Right and Left Grand family
  - a. Right and left grand
  - b. Weave the ring
  - c. Wrong way grand
9. Left and right star
10. Pass through
11. Half Sashay Family
  - a. Half sashay
  - b. Rollaway
  - c. Ladies in, men sashay
12. Turn back family
  - a. U turn back
  - b. Back track
13. Separate
  - a. Around 1 or 2 to a line
  - b. Around one and into the middle
14. Split two
15. Courtesy turn
16. Ladies chain family
  - a. Two ladies chain
  - b. Four ladies chain
  - c. Chain down the line
17. Do paso
18. Lead Right/lead left
19. Veer left/ Veer right
20. Bend the line
21. Circulate Family
  - a. Named dancers circulate
  - b. Couples Circulate
  - c. All 8 circulate
  - d. Single file Circulate
  - e. Split /Box Circulate
22. Right and Left Thru
23. Grand Square
24. Star Thru
25. California Twirl
26. Walk Around the Corner
27. See Saw
28. Square Thru (1,2,3,4) / Left square thru
29. Circle to a Line
30. Dive thru
31. Wheel Around
32. Thar Family
  - a. Allemande Thar
  - b. Allemande Left to an Allemande Thar
  - c. Wrong Way Thar
33. Slip the Clutch
34. Shoot the Star/ Shoot the Star Full Around
35. Box the Gnat
36. Trade Family
  - a. Named Dancers Trade
  - b. Couples Trade
  - c. Partner Trade
37. Ocean Wave Family
  - a. Step to a Wave
38. Alamo Ring Formation
39. Swing Thru / Left Swing Thru
40. Run/ Cross Run
41. Pass the Ocean
42. Extend
43. Wheel and Deal
44. Double Pass Thru
45. First Couple go Left / Right
46. Zoom
47. Flutterwheel / Reverse Flutterwheel
48. Sweep a Quarter
49. Trade By
50. Touch  $\frac{1}{4}$
51. Ferris Wheel