



Otonabee Squares

Handout for New Dancers

Welcome to our club!

You are here to learn modern square dancing and we hope this journey will be fun and rewarding for you.

Otonabee Squares dance weekly on Monday nights. The first 90 minutes is dedicated to teaching new dancers but is also for all other dancers to review the moves and to help our newbies! The first level is called the **BASIC** program and has 51 moves which will be taught to you by our very dedicated caller, Wayne Whatman. The last hour of each dance is for the **MAINSTREAM** dancers, this is the second program level. *Otonabee Squares* dance Basic and Mainstream programs. The cost per person each week is \$5. We have a refreshment break at 7:45-8pm to give everyone a chance to socialize.

In this handout is a list of these **51 BASIC LEVEL** moves.

Each week Wayne will add 2-4 moves. The following week he will review these moves and if the dancers have “got it” he will add a few more. There is not a rigid schedule as it depends on the dancers. ***What is important is that during this learning phase you try to attend regularly.*** We realise that people get ill and have other issues which might keep them away, but if you are away for two or more weeks you need to discuss this with the caller or the executive. There are websites (listed below) where you can get help learning the moves at home. It is a good idea, even if you are not absent, to look at these website and review the moves you were taught.

<https://videosquaredancelessons.com/lessons/#mainstream>. (Go to mainstream - in the USA they combine the first two programs, basic and mainstream, and call it all mainstream).

<http://www.tamtwirlers.org/tamination/info/index.html>

These links and others can be found on our webpage: www.otonabeesquares.org

Learning square dancing is like building blocks, the stronger the foundation the more successful dancer you will be and therefore, a much happier dancer.

Anytime you want a move explained, speak to the caller. He is very willing to repeat the move or to walk you through it during the break between tips. He needs feedback from the dancers! This is important.

We have many single dancers. Majority are women so we do expect some women to be willing to dance on the “man’s” side. We have many ladies dancing on the left (man’s) side

and many also are learning to dance either side. The object of being here is to be up dancing so please be flexible when asked to volunteer to dance on the “man’s” side.

Each week, please carry clean shoes into the hall. We do our best to protect the wood floor. We also ask our members to “lug a mug” to cut down the use of Styrofoam.

Once you have decided to join the club, we encourage all our members to purchase a club name badge. It is the custom at all square dance clubs that dancers wear club name badges. The cost of these is \$10 for one with a magnet and \$8 for a pin. The club does subsidize this cost as you will get a free dance night when you get your badge. There is a sign-up sheet for name badges. Deadline to sign-up is October 1st.

When you decide to join the club, we will request a fee of \$5; membership is \$1 per year and mandatory insurance is \$4 pp per year.

We like to keep in touch with you through email. Although we print up hardcopies for those without internet, not all email information will be printed up as it is sometimes time sensitive. If you do not have internet but have a square dance friend who does, it would be helpful if you could ask this person to keep you informed about email information.

Please visit our facebook page and share it with your friends.

<https://www.facebook.com/otonabee&squares>

Our executive members are as follows: Please feel free to call if you have any questions. You can also send an email to: otonabeesquares@gmail.com

Co-presidents: Charles Paterson 705 875 7793 and Doris Buttar 905 342 5644

Co Vice-presidents: Allan Gault 705 742 7230 and Charles Paterson 705 875 7793

Co-treasurers: Jim Weldon 705 874 3424 and Suzanne Barker 705 799 1319

Social convenor: Heather Dummitt 705 652 6238 and Glenda Bromell 705 740 9342

Registrar: Wayne Hare 705 743 3077 and Fred Olson 705 743 4582

Secretary: Marian Olson 705 743 4582 and Sharon Gault 705 742 7230

Publicity: Jean Lander 905 342 5450 and Nelly Vanveldhuizen 905 419 1146

Attachments:

List of the basic program moves.

Calendar of what is going on at the club.

Registration form